

Children's Ministries Lesson – 1st & 2nd Grade

May 24, 2020

Fruit of the Spirit – Peace

Matthew 6:25-26, Mark 4:35-41

Children's Ministries purpose is to **build a spiritual foundation in each child that lasts a lifetime.**

We hope this lesson provides additional opportunities for your family to strengthen your relationship with each other and with Jesus. This lesson has components of both Children's Church and Sunday School fused together.

As you prepare for this lesson and the space you will use, consider gathering supplies, create a worship focal point (ideas: a Bible, a cross, a candle and an offering container), and remove other distractions from the area. Read through this lesson before beginning. *Wording in BLUE italics is information for the family leader(s).* **BLACK italics** are actions to do.

With love, from your Children's Ministries Team and Worship Leaders, Ashley Hymel and Thanushka Lewkebandara.

BIBLE POINT: We can replace worry with peace because God is on our side and gives us his peace.

SUPPLIES: Worship focal point ideas: a Bible, a cross, a candle and an offering container; praise & worship music links; Bible story video link; activity supplies (see activity options below); service opportunity (listed at the bottom of the lesson)

FAMILY CHANT: *During Sunday School, your children begin with a "class chant". To bring that to your home, create a family chant that you can say each time. Create your own or use this one. The chant helps connect mind with body and connects everyone together. Motions/actions are in parentheses.*

Let's create our own family "chant" as a way to begin our time together. Repeat what I say and do.

Together we make the [insert family name] family. *(put arms around each other's shoulders - form a huddle)*

Together we make the [insert family name] family. *(put arms around each other's shoulders - form a huddle)*

I love our [insert family name] family! *(whoop whoop)* I love our [insert family name] family! *(whoop whoop)*

We are the dream team you see. (*clap clap*) We are the dream team you see. (*clap clap*)
(*continued on next page*)

We are safe and helpful too. (*stomp stomp*) We are safe and helpful too. (*stomp stomp*)

Using kind words is what we do. (*high five each other*) Using kind words is what we do. (*high five each other*)

I love our [*insert family name*] family! (*whoop whoop*) I love our [*insert family name*] family!
(*whoop whoop*)

We are the dream team you see. (*clap clap*) We are the dream team you see. (*clap clap*)

OPENING PRAISE SONGS

[Click here](#) for the full playlist of St. Luke's Children's Praise Music, including more Fruit of the Spirit songs!

Supplies: Select the links for Praise and Worship Music (use one or both links)

1. ["Great Big God"](#) (Ashley Hymel and Thanushka Lewkebandara, Contemporary & Children's Church Worship Leaders)



2. ["Strong & Courageous"](#) (performed by Ashley Hymel & Thanushka Lewkebandara)



OFFERTORY

Determine where your offering will go. You may select an organization of your choice, or save it until we return to Sunday School/Children's Church to give to our current mission. The below scripture is the scripture we use each Sunday during our Offertory time.

Let's say this scripture together. "God loves a cheerful giver." 2 Corinthians 9:7.

Now, let us pray for those who will receive our offering and The Lord's Prayer. Does someone want to lead us in prayer?

Or, you may use this optional prayer:

Dear God, We thank you for our many blessings. May the offering we share today bring your hope to those who will receive it. And now, let us pray the prayer Jesus taught us:

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name.

Thy kingdom come, thy will be done on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, forever. Amen.

LEARNING SCRIPTURE:

Let us learn this scripture together.

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control." *Galatians 5:22-23a*

This is the word of God for the people of God. **Thanks be to God.**

VIDEO INTRODUCTION TO THE SERIES – Fruit of the Spirit

[Click here](#) to watch this introduction video if you have not previously viewed it.



INTRODUCTION TO BIBLE STORY

We have been learning about the term, “fruit of the Spirit”. When the Bible uses the word, “Spirit”, God means the Holy Spirit. The fruit of the Spirit is a gift God gives us to help us live lives that honor him and show his love to others.

Let’s begin to understand the fruit of the Spirit more with a prayer.

Heavenly Father, thank you for giving us the fruit of the Spirit. We ask you to help us live each quality of the fruit of the Spirit.

Help us to show **love and joy**.

Help us to have **peace**.

Fill us with your **patience** and **kindness**.

Show us your **goodness**.

Help us demonstrate **faithfulness** and **gentleness** and, finally, help us have **self-control**.

Help us to use the fruit of the Spirit to show others what your love looks like. In Jesus’ name, we pray. Amen.

Last week, we focused on the attribute, joy. Today, we will learn more about peace!

BIBLE STORY –

Supplies: [Click here for the Bible Story video.](#)

Our Bible story for today comes from the New Testament, the Book of Matthew and the book of Mark. Watch and listen to two stories, the first one from the Jesus Calling Bible Storybook by Sarah Young: “Do Not Worry” and the second one from the Jesus Story Book written by Sally Lloyd-Jones and illustrated by Jago: “The Captain of the Storm”.

[Watch the Bible story video.](#)



ACTIVITY 1: Fruit of the Spirit Multi-Week Family Activity

Supplies (for total project): See below under each idea.

You will make part of this project each week of the Fruit of the Spirit series. Today you will add to your banner/poster from last week or make the overall banner/poster if needed.

Images of various options:

1. **Poster** – Ready to print as is – use the link to print. Post in a central location for your family. Simplest way to do this activity.

Supplies: <https://biblegamescentral.com/wp-content/uploads/2019/02/Fruit-of-the-Spirit-Cards.pdf>.



Thank you, www.BibleGamesCentral.com.

2. **Vertical Banner** –

Supplies: poster board or large piece of paper, poster cards (link above), markers, glue stick and/or painter's tape. Great for a fridge or narrow space.

Write Title; draw boxes (we used the cards from the poster and just made them a bit larger; cut cards; and tape or glue each one in a box, one per week.



3. **Horizontal Banner** - Using Poster Cards (above link)

Supplies: ribbon, clothes pins or tape, poster cards, heavy paper cut in banner style or be as creative as you want.

To make the background banner cards, cut paper larger than the poster cards (see link above); lay them on a piece of ribbon; leave about 6 inches on each end to for hanging; write "Fruit of the Spirit" on the three center banner cards; attach blank banner cards to the ribbon with clothes pins or tape; cut out poster cards; tape or glue one on each banner card each week. Hang on a wall with painter's tape or bulletin board, etc.



4. Horizontal Banner – Create your own

Supplies: Whatever you choose! For this one, we used ribbon, cardstock, markers, clothes pins, and painter’s tape to attach to the wall.



We would love to see your creation! Send to rfisher@stlukesmethodist.org.

Overall Directions:

1. As a family, decide how large you want your family banner to be and where the banner will be displayed in your home.
2. Select your design.
3. The fruit of the Spirit for week three is **peace**.
4. As a family, decorate one sheet of paper to represent peace. Be as creative as possible!
5. Attach peace to the banner and hang in your house. A new picture and new fruit of the Spirit will be added each Sunday for 7 more weeks.

ACTIVITY OPTION #2: “Worry Lily” Craft:

Supplies: Paper (plain white, or a bright spring color for the flower and green for the leaves), pencil, scissors, a straw or pipe cleaner, tape or glue, stapler.

<https://www.enchantedlearning.com/crafts/flowers/handprintflower/>

In the first story we talked about how Jesus wants us to give our worries to him. Giving our worries to Jesus can help us to have peace in our lives. Just think about all the wonderful living

things that God has created like birds and flowers, and he provides everything they need. You are a child of God, and He certainly will provide for you!

Creating this lily and displaying it may help to serve as a reminder that God provides for all his creation and for you! After you are done creating it, put it in a place you will see often. Then you will be reminded that God wants us to think about Jesus and be at peace instead of all our worries!

- 1) *Trace your child's hand or have them trace it on a piece of paper. The paper may be colored later if the paper you are using has no color. If you are using colored construction paper or craft paper, you will not need to worry about coloring.*
- 2) *On each finger, use the pencil to write something the child worries about that they can give to Jesus by thinking of him first, and have peace. These could be simple worries or even some not so simple ones. This could be a helpful list during prayer time, so that these worries could be given to God at that time. As they are writing them down, it may be helpful to tell them about some of your own worries that you give to God by thinking about Jesus or being prayerful instead of worrying.*

- 3) Using white or green paper, draw two leaves.



- 4) On one leaf write "Think of Jesus and be at peace.", and on the second leaf write "Give your worries to God". (this may need to be written by an adult, but children can try!)
- 5) *If the flower needs to be colored, now is the time. Be careful to choose a color that will not hide your writing! The leaves can be colored a light green if you are not using green craft paper.*

- 6) *Cut out the handprint tracing and the leaves.*

- 7) Using the palm of the handprint form a cone (with the fingers curling outwards.)



- 8) Glue or tape the cone together.

- 9) Staple the flower to the top of a pipe cleaner or straw. Staple the leaves below the flower.



Discussion Questions:

- 1) Why does Jesus use birds and flowers to tell this story? (Because God takes care of them and gives them all they need.)
- 2) What does Jesus want us to do so that we can be at peace? (Trust that he will take care of us like the birds and flowers are taken care of.)
- 3) Who should we seek when we are worried and not at peace? (Give our worries to God. If we seek Jesus first, all your needs will be taken care of.)

ACTIVITY OPTION #3- "Hush, be Still" Game

Supplies: a whistle if you want one, but it is not necessary

https://sermons4kids.com/peace_be_still_group_activities.htm

In our second story, Jesus calmed the storm just by saying the word "Hush"! The wind and the water were both still and peaceful after they heard Jesus' voice! Jesus asked the disciples, "do you believe your fears instead of me?".

Sometimes, when life is crazy scary like a storm, we forget about Jesus. We forget that if Jesus is with us, we have nothing to fear, and we can be at peace.

Playing this game is a reminder that things can get crazy and scary in our lives, but when we remember to listen to Jesus through reading the bible and prayer, we can be at peace during those scary times.

- 1) All the kids will be the storm in this game and the adult will be Jesus.
- 2) The kids can decide if they want to howl like the wind or make crashing sounds like the waves. They can run and move around also, just like the wind or the waves.
- 3) The adult, being Jesus, will say, "Hush, be Still".
- 4) When this is said, everyone will freeze in place.
- 5) Try this a few times before picking a new person to play Jesus.
- 6) When you think they have the hang of it, choose a new person to be Jesus.
- 7) The first child that freezes the fastest becomes the new person to play the role of Jesus. Once they say "Hush, be Still", they will have to judge who will replace them.
- 8) Continue to play the game through as many callings of "Hush, be Still" as time allows.

CLOSING:

LEARNING SCRIPTURE:

Let's say our scripture again!

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control." *Galatians 5:22-23a*

This is the word of God for the people of God. **Thanks be to God.**

Today, we learned about joy – the joy that comes from knowing Jesus. Paul had no joy in his heart at all. In fact, he only had horrible feelings and hate in his heart. Yet, Jesus reached out to him and the Holy Spirit filled his heart with great joy. He spent the rest of his life sharing that joy with others. Jesus is mighty and powerful. He gives us his joy, too. Let's pray that we feel the joy and love in our hearts, so we may share it with others and know that we can overcome anything because Jesus' love and joy is stronger than anything. Jesus loves us so much! Let's thank God for the wonderful gift of the fruit of the Spirit.

CLOSING PRAYER:

Pray this echo prayer (adult says the first words, and the children repeat):

Dear God (**Dear God**)

Thank you for Your son Jesus (**Thank you for Your son Jesus**)

Help us to remember to think of Him (**Help us to remember to think of Him**)

When life gets scary like a storm (**when life gets scary like a storm**)

Instead of letting our hearts worry (instead of letting our hearts worry)

Jesus, help our hearts to hush (**Jesus help our hearts to hush**)

Jesus help our hearts to be still (**Jesus help our hearts to be still**)

Jesus help our hearts to be at peace (**Jesus help our hearts to be at peace**)

Amen (**Amen**)

CLOSING SONG:

Supplies: [Click here](#) for closing song, "We Will Worship" (Ashley Hymel & Thanushka Lewkebandara) *Play the closing song.*



SERVICE OPPORTUNITY – to continue our worship all week!

Spread joy to the community!

1. Drive-Thru Food Drive for CCSC | Saturday 9 a.m. – 12 p.m.

Help Christian Community Service Center (CCSC) keep full shelves! You can pull up to the Main Entrance porte-cochere on the south side of the St. Luke's campus (3471 Westheimer Rd.) No need to get out of your car! Volunteers will collect all donations out of your car for you. Requested Food Donation Items: Pasta, Hearty Soups, Boxed dry cereal, Canned vegetables, Canned tuna, Canned chicken, Canned fruit, Cleaning wipes, Toilet paper, Baby Wipes, Bar soap and Diapers (4, 5 & 6).

2. Decorate Kids' Meals Lunch Bags

Help bring joy to preschool aged children by decorating brown lunch bags with fun pictures. Bags can be dropped off at St. Luke's during food drive on Saturdays or anytime during the week.