

# Children's Ministries Lesson – 1<sup>st</sup> & 2<sup>nd</sup> Grade

June 7, 2020

## Fruit of the Spirit – Patience

1 Timothy 1:12-16

Children's Ministries purpose is **to build a spiritual foundation in each child that lasts a lifetime.**

We hope this lesson provides additional opportunities for your family to strengthen your relationship with each other and with Jesus. This lesson has components of both Children's Church and Sunday School fused together.

As you prepare for this lesson and the space you will use, consider gathering supplies, create a worship focal point (ideas: a Bible, a cross, a candle and an offering container), and remove other distractions from the area. Read through this lesson before beginning. *Wording in BLUE italics is information for the family leader(s).* **BLACK italics** are actions to do.

With love, from your Children's Ministries Team and Worship Leaders, Ashley Hymel and Thanushka Lewkebandara.

**BIBLE POINT:** We should be patient with others in the same way that God is patient with us.

**SUPPLIES:** Worship focal point ideas: a Bible, a cross, a candle and an offering container; praise & worship music links; Bible story video link; activity supplies (see activity options below); service opportunity (listed at the bottom of the lesson)

**FAMILY CHANT:** *During Sunday School, your children begin with a "class chant". To bring that to your home, create a family chant that you can say each time. Create your own or use this one. The chant helps connect mind with body and connects everyone together. Motions/actions are in parentheses.*

Let's create our own family "chant" as a way to begin our time together. Repeat what I say and do.

Together we make the [insert family name] family. *(put arms around each other's shoulders - form a huddle)*

Together we make the [insert family name] family. *(put arms around each other's shoulders - form a huddle)*

I love our [insert family name] family! *(whoop whoop)* I love our [insert family name] family! *(whoop whoop)*

We are the dream team you see. (*clap clap*) We are the dream team you see. (*clap clap*)  
(*continued on next page*)

We are safe and helpful too. (*stomp stomp*) We are safe and helpful too. (*stomp stomp*)

Using kind words is what we do. (*high five each other*) Using kind words is what we do. (*high five each other*)

I love our [*insert family name*] family! (*whoop whoop*) I love our [*insert family name*] family!  
(*whoop whoop*)

We are the dream team you see. (*clap clap*) We are the dream team you see. (*clap clap*)

## **OPENING PRAISE SONGS**

[Click here](#) for the full playlist of St. Luke's Children's Praise Music, including more Fruit of the Spirit songs!

**Supplies:** Select the links for Praise and Worship Music (use one or both links)

1. ["Trust in the Lord"](#) (Ashley Hymel and Thanushka Lewkebandara, Contemporary & Children's Church Worship Leaders)



2. ["I've Got the Joy"](#) (performed by Ashley Hymel & Thanushka Lewkebandara)



## **OFFERTORY**

*Determine where your offering will go. You may select an organization of your choice, or save it until we return to Sunday School/Children's Church to give to our current mission. The below scripture is the scripture we use each Sunday during our Offertory time.*

Let's say this scripture together. "God loves a cheerful giver." 2 Corinthians 9:7.

Now, let us pray for those who will receive our offering and The Lord's Prayer. Does someone want to lead us in prayer?

*Or, you may use this optional prayer:*

Dear God, We thank you for our many blessings. May the offering we share today bring your hope to those who will receive it. And now, let us pray the prayer Jesus taught us:

### **The Lord's Prayer**

Our Father, who art in heaven, hallowed be thy name.

Thy kingdom come, thy will be done on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, forever. Amen.

## **LEARNING SCRIPTURE:**

Let us learn this scripture together.

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control." *Galatians 5:22-23a*

This is the word of God for the people of God. **Thanks be to God.**

## **VIDEO INTRODUCTION TO THE SERIES – Fruit of the Spirit**

[Click here](#) to watch this introduction video if you have not previously viewed it.



## **INTRODUCTION TO BIBLE STORY**

We have been learning about the term, “fruit of the Spirit”. When the Bible uses the word, “Spirit”, God means the Holy Spirit. The fruit of the Spirit is a gift God gives us to help us live lives that honor him and show his love to others.

Let’s begin to understand the fruit of the Spirit more with a prayer.

Heavenly Father, thank you for giving us the fruit of the Spirit. We ask you to help us live each quality of the fruit of the Spirit.

Help us to show **love and joy**.

Help us to have **peace**.

Fill us with your **patience** and **kindness**.

Show us your **goodness**.

Help us demonstrate **faithfulness** and **gentleness** and, finally, help us have **self-control**.

Help us to use the fruit of the Spirit to show others what your love looks like. In Jesus’ name, we pray. Amen.

Thank you, God, for giving us your patience.

What does being patient mean? (*wait for responses – can use some variety of waiting without complaining or getting upset*)

When do you feel it is hard to be patient? (*ideas such as, waiting your turn for a toy or your turn to talk, waiting for your younger sister to put on her shoes, waiting for dinner, showing someone several times how to learn something new, when someone does something that annoys you or makes you angry, waiting to feel better, etc.*)

Do you remember Paul? His name used to be Saul, and he was very mean to all of Jesus’ followers. He tried very hard to stop people from talking about Jesus. Then, one day, Jesus changed his heart. Jesus loved him and knew he needed him to share his message. It seemed very odd that Jesus would choose someone like Saul to be his messenger, but Jesus loved him from before he was even born and he waited patiently until the time was right for Saul’s heart to turn towards God. Jesus patiently waited a long time. And throughout that time, he loved Saul each and every day of his life, even when he made bad choices.

Saul became known as Paul. Paul traveled everywhere sharing God’s word and telling of Jesus. During one of his many travels, he told a group of people how badly he had behaved and shared the story of how patient Jesus was with them.

## BIBLE STORY –

Supplies: [Click here for the Bible Story video.](#)

Our Bible story for today comes from the New Testament, the Book of 1 Timothy.

*Watch the Bible story video.*



### DISCUSSION QUESTIONS:

How was Jesus patient with Paul? *(it took a long time for Paul to apologize for the way he acted, but he finally did, and he became a Christian!)*

What was Paul wanting Timothy to have patience for? *(Timothy was starting a brand-new church, a very big job!)*

What is something or someone in which you struggle to show patience?

What does God want us to do when others disappoint us?

What does God want us to do when we disappoint ourselves?

Do you get angry or upset when you lose your patience?

What can we do when we lose our patience with others or ourselves? *(pray for God to help you to be patient)*

Jesus had to wait a very long time for Paul to know him and love him and to tell him he was sorry for the bad choices he had made. Jesus showed his perfect patience with Paul. God waits for us to tell him we are sorry when we make bad choices. God is so patient that he keeps waiting. He loves us so much that he does not want anyone to miss out on having our sins forgiven. So, God waits patiently for us, and he wants us to show his patience towards others and to ourselves.

This week with your family, be encouraging to each other when you catch someone being patient. Remember that parents can also lose their patience, too, and they need encouragement just as much as children! Challenge everyone in your family to be on the lookout for someone being patient, and tell them, "Thanks for being patient!"



## **ACTIVITY 1: Fruit of the Spirit Multi-Week Family Activity**

**Supplies (for total project):** See below under each idea.

You will make part of this project each week of the Fruit of the Spirit series. Today you will add to your banner/poster from last week or make the overall banner/poster if needed.

Images of various options:

1. **Poster** – Ready to print as is – use the link to print. Post in a central location for your family. Simplest way to do this activity.

**Supplies:** <https://biblegamescentral.com/wp-content/uploads/2019/02/Fruit-of-the-Spirit-Cards.pdf>.



Thank you, [www.BibleGamesCentral.com](http://www.BibleGamesCentral.com).



2. **Vertical Banner** –

**Supplies:** poster board or large piece of paper, poster cards (link above), markers, glue stick and/or painter's tape. Great for a fridge or narrow space.

Write Title; draw boxes (we used the cards from the poster and just made them a bit larger; cut cards; and tape or glue each one in a box, one per week.

3. **Horizontal Banner** - Using Poster Cards (above link)



**Supplies:** ribbon, clothes pins or tape, poster cards, heavy paper cut in banner style or be as creative as you want.

To make the background banner cards, cut paper larger than the poster cards (see link above); lay them on a piece of ribbon; leave about 6 inches on each end to for hanging; write "Fruit of the Spirit" on the three center banner cards; attach blank banner cards to the ribbon with clothes pins or tape; cut out poster cards; tape or glue one on each banner card each week. Hang on a wall with painter's tape or bulletin board, etc.



#### 4. Horizontal Banner – Create your own

Supplies: Whatever you choose! For this one, we used ribbon, cardstock, markers, clothes pins, and painter's tape to attach to the wall.



We would love to see your creation! Send to [rfisher@stlukesmethodist.org](mailto:rfisher@stlukesmethodist.org).

#### Overall Directions:

1. As a family, decide how large you want your family banner to be and where the banner will be displayed in your home.
2. Select your design.
3. The fruit of the Spirit for this week is **patience**.
4. As a family, decorate one sheet of paper to represent patience. Be as creative as possible!
5. Attach patience to the banner and hang in your house. A new picture and new fruit of the Spirit will be added each Sunday throughout the series.

#### ACTIVITY OPTION #2 – Stacking:

Supplies: blocks

#### Instructions:

Give each child their stacking pieces.  
They are to take turns stacking the pieces.

They can ONLY use their thumb and index (pointer) finger from one hand. They must pick up the piece with their thumb and



finger and place it on the stack. And they can only place it on the stack one time – they cannot readjust it. They may not use their hand to align the stack, so they need to be very careful to stack it right on top of the other piece(s). The goal is to see who can make the highest stack without in falling in the shortest amount of time

### **ACTIVITY OPTION #3 – The Patience Game (aka, the Quiet Game):**

**Supply:** pen or pencil and piece of paper (if keeping score)

Have everyone sit in a circle. Explain that we are going to play The Patience Game. It is hard to wait and it is even harder to wait in complete silence. The rules are simple. You cannot make a noise. You must face towards the inside of the circle, so you can see each other's faces. You cannot touch one another. Yet, you can try to make someone else laugh. Remember, no noises, no touching others and you must remain seated. Whomever is the quietest the longest gets one point. Or, we will stop after 2 minutes and everyone who is quiet and has shown patience will get one point. Repeat a time or two – maybe adding more time or less, depending on how hard this is for your child.

### **CLOSING:**

#### **LEARNING SCRIPTURE:**

Let's say our scripture again!

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control." *Galatians 5:22-23a*

This is the word of God for the people of God. **Thanks be to God.**

Today, we learned about patience. The Bible teaches us of God's patience. He shares it with us so we may share it with others. Yet, it takes a lot of practice and a whole lot of prayer. God wants us to keep our focus on him. When we do, we can experience and know the fruit of the Spirit. What a wonderful gift from God. Let's thank God with our closing prayer.

#### **CLOSING PRAYER:**

Dear God, we love you and thank you for the fruit of the Spirit you give us in patience. Thank you for loving us first to show us what true love, joy, peace and patience look like. We thank you for the gift of Jesus and for helping us learn that we can always count on your patience that grows inside us. Help us share these gifts with others through our words and our actions. We praise you and love you because you are God and you are patient. In Jesus' name, we pray. Amen.

#### **CLOSING SONG:**

**Supplies:** [Click here](#) for closing song, "We Will Worship" (Ashley Hymel & Thanushka Lewkebandara) *Play the closing song.*





**SERVICE OPPORTUNITY – to continue our worship all week!**  
**Let's share some LOVE, JOY, PEACE, and KINDNESS with others:**

**Supplies:** paint, river rocks/small stones

1. Make and Share Kindness Stones - paint or decorate river rocks or small stones. As you walk through your neighborhood, leave them by the doorsteps of your neighbors. If you have paint, you may paint the rock first, if desired. You may use paint pens or colored pencils to decorate the rock.

