

Children's Ministries Lesson – **Threes, PreK, & Kindergarten**

Fruit of the Spirit – Goodness/Father's Day

Galatians 5:22-23, Matthew 5:14-16

June 21, 2020

Children's Ministries purpose is **to build a spiritual foundation in each child that lasts a lifetime.**

We hope this lesson provides additional opportunities for your family to strengthen your relationship with each other and with Jesus. This lesson has components of both Children's Church and Sunday School fused together.

As you prepare for this lesson and the space you will use, please gather supplies, create a worship focal point (ideas: a Bible, a cross, a candle, and an offering container), and remove other distractions from the area. Read through this lesson before beginning. **Wording in BLUE italics is information for the family leader(s). BLACK italics are actions to do.**

BIBLE STORY POINT: God put His goodness in us. He asks us to share His goodness with everyone around us and let our light shine!

SUPPLIES: worship focal point ideas: a Bible, a cross, a candle and an offering container; praise and worship song links; Bible story link; a blanket and some toys; additional activity supplies (see activity options below).

FAMILY CHANT: *During Sunday School, your children begin with a "class chant". To bring that to your home, create a family chant that you can say each time. Create your own or use this one. The chant helps connect mind with body and connects everyone together. Motions/actions are in parentheses.*

Let's create our own family "chant" as a way to begin our time together. Repeat what I say and do:

I reach up (*reach both hands up to the sky*) **I reach up (*reach both hands up to the sky*)**

I reach down (*reach both hands down to their toes*) **I reach down (*reach both hands down to their toes*)**

I share a smile to everyone (*smile at each other*) **I share a smile to everyone (*smile at each other*)**

I see you (*point to each other*) **I see you (*point to each other*)**

You see me (*point to self*) **You see me (*point to self*)**

Together we make the [*insert family name*] family. (*put arms around each other's shoulders - form a huddle*)

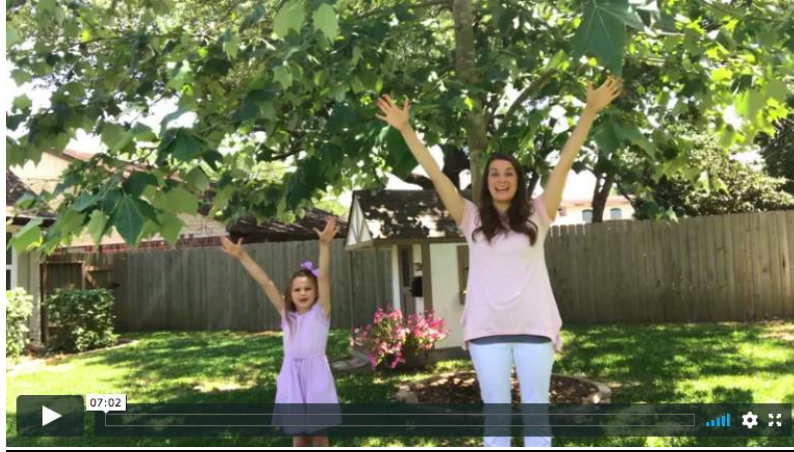
Together we make the [insert family name] family. (*put arms around each other's shoulders - form a huddle*)

OPENING PRAISE SONGS:

[Click here for the full playlist of St. Luke's Children's Praise Music, including more songs about the Fruit of the Spirit!](#)

Supplies: Select the link for Praise and Worship music.

1. ["Super Wonderful" and "Fruit of the Spirit"](#) (Courtney Patty, Sunday School Music Teacher)



OFFERTORY:

Determine where your offering will go. You may select an organization of your choice, or save it until we return to Sunday School/Children's Church to give to our current mission. Place your offering in your container (you may use your 75th Anniversary piggy bank if you have one). This scripture we use each Sunday during our Offertory time.

Let's say this scripture together. "God loves a cheerful giver." 2 Corinthians 9:7. Now, let's place our offering in this container.

THE LORD'S PRAYER:

Let us say The Lord's Prayer together. (If your child is just learning it, an "echo" prayer can be a helpful way to learn it. If your child already knows it, you may say it together:

Let us pray.

Our Father, **Our Father,**
who art in heaven, **who art in heaven,**
hallowed be thy name. **hallowed be thy name.**
Thy kingdom come, **Thy kingdom come,**
thy will be done **thy will be done**
on earth as it is in heaven. **on earth as it is in heaven.**
Give us this day **Give us this day**

our daily bread. **our daily bread.**

And forgive us our trespasses, **And forgive us our trespasses,**
as we forgive those **as we forgive those**
who trespass against us. **who trespass against us.**

And lead us not **And lead us not**
into temptation, **into temptation,**
but deliver us from evil. **but deliver us from evil.**

For thine is the kingdom, **For thine is the kingdom,**
and the power, **and the power,**
and the glory, forever. **and the glory, forever.**

Amen. **Amen.**

LEARNING SCRIPTURE:

Let us learn this scripture together.

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.” *Galatians 5:22-23a*

This is the word of God for the people of God. **Thanks be to God.**

Fruit of the Spirit Series Introduction Video

Let's watch this video about our new Fruit of the Spirit series!

[Click here](#) to watch this introduction video if you have not previously viewed it.



BIBLE STORY

Today, we are going to learn about God's special gift of **goodness**. What is **goodness**? Let's watch this video to learn more.

[Click here](#) for the Bible story video link.

Discussion Questions: *(ask some or all of these questions)*

- 1) How many fruit of the Spirit can you name? *(love, joy, peace, patience, kindness, goodness)*

- 2) Based on the video, can you fill in this blank? “God is _____ all the time. All the time God is _____.” (*good*)
- 3) What are the 2 ways that we have God’s goodness inside of us? (*#1 – We are created in God’s image, and God said “We are very good!” and #2 -When we love God, God gives us His goodness through His Holy Spirit.*)
- 4) What does God ask us to do with the goodness inside of us? (*Share it! Shine our light!*)
- 5) How do you let your light shine? (*Treat others with the goodness of God! Let them know that they are important and loved. Pray for them. Serve them if they need help, like decorating Kids’ Meal bags as listed below under Service Opportunities.*)

ACTIVITY OPTION #1: – Sugar Cookie Taste Test

<https://www.focusonthefamily.com/parenting/finding-goodness/>

Make 2 types of sugar cookies with your child – one sweet and one salty. Make the dough using your favorite sugar cookie recipe or a store-bought mix. Stir a generous amount of salt into a small, separate portion of dough.

Bake the salty and sweet cookies. Put a sample of each on a plate. Ask your child if both types of cookies look good. Can they tell the difference just by looking at them? By tasting them?

Taste the cookies, explaining how the salty ones look good on the outside but don’t taste good because of what’s on the inside. In the same way, we may try to look good by doing all the right things, but if our hearts are not good, we won’t be pleasing to God. Since only God is truly good, He is the “ingredient” that creates true goodness in our hearts.

As you eat the good sugar cookies, ask your child if they can think of situations where they may act more like a salty cookie — appearing good on the outside, but not pleasing God with their heart. Remind your child that we can ask God to give us His goodness, so that we are pleasing to Him.

ACTIVITY OPTION #2: – Father’s Day Scavenger Hunt

https://kidsenjoyingjesus.com/product/fathers-day-savenger-hunt/?fbclid=IwAR2NQ-otjTgpVlc0vuFvgzshSoLSRL74S_38wXh7kYhfWeeSnh0nfKAk3ks

This scavenger hunt is a fun way for children to discover ways to honor their dad or father-figure by learning about his likes and dislikes. Read the descriptions one at a time and have children rush to find something to match each description.

You can print a copy of the scavenger hunt using the link above.



ACTIVITY OPTION #3 – Fruit of the Spirit Banner “Catch each other having Goodness”

Supplies (for total project): See below under each idea.

You will make part of this project each week of the Fruit of the Spirit series.

If you did not create the Vertical Banner or Horizontal Banner when this Fruit of the Spirit series began, feel free to create it today. There are 3 options for how to format your banner. Then add the love, joy, peace, patience, kindness, and goodness cards.

Images of various options:

Vertical Banner (option #1)

Supplies: poster board or large piece of paper, fruit of the Spirit images

(<https://biblegamescentral.com/wp-content/uploads/2019/02/Fruit-of-the-Spirit-Cards.pdf>), markers, glue stick and/or painter’s tape. Great for a fridge or narrow space.

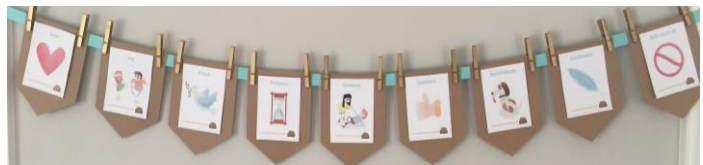
Write title; draw boxes (we used the cards from the poster and just made them a bit larger; cut cards; and tape or glue each one in a box, one per week.



Horizontal Banner (option #2)

Supplies: ribbon, clothes pins or tape, poster cards, heavy paper cut in banner style, fruit of the Spirit images (<https://biblegamescentral.com/wp-content/uploads/2019/02/Fruit-of-the-Spirit-Cards.pdf>)

To make the background banner cards, cut paper larger than the fruit of the Spirit images (see link above); lay them on a piece of ribbon; leave about 6 inches on each end to for hanging; write “Fruit of the Spirit” on the three center banner cards; attach blank banner cards to the ribbon with clothes pins or tape; cut out the fruit of the Spirit images; tape or glue one on each banner card each week. Hang on a wall with painter’s tape or bulletin board, etc.



Horizontal Banner – Draw your own images (option #3)

Supplies: Whatever you choose! For this one, we used ribbon, cardstock, markers, clothes pins, and painter's tape to attach to the wall.



We would love to see your creation! Send to rfisher@stlukesmethodist.org.

Overall Directions:

1. As a family, decide how large you want your family banner to be and where the banner will be displayed in your home.
2. Select your design.
3. The fruit of the Spirit for week 1 is **love**, week 2 is **joy**, week 3 is **peace**, week 4 is **patience**, week 5 is **kindness**, week 6 is **goodness**.
4. As a family, decorate the 6th sheet of paper to represent **goodness**. Be as creative as possible!
5. Attach **goodness** to the banner and hang in your house. A new picture and new fruit of the Spirit will be added each Sunday throughout this series.

FAMILY CHALLENGE – Caught Showing GOODNESS (and love, joy, peace, patience, kindness)

Supplies: Fruit of the Spirit banner and your family

Throughout this Fruit of the Spirit series, notice or “catch” each other living out the attributes of the fruit of the Spirit. When you notice someone showing “**goodness**”, go to the banner and give a shout out to the family member who shared **goodness**. What are some ways your family shows **goodness**? Of course, as your family notices the other fruits of the Spirit point those out, too!!

Want to do more with the challenge? Have family members record the acts of **goodness** (and love, joy, peace, patience, kindness) on slips of paper and collect them in a jar. Read them together as a family and see God at work in your home!

Parent Tip to Learn the Fruit of the Spirit:

The goal of the banner is to help your family memorize the fruit of the Spirit and put them into practice each day. A great tip for memorizing the fruit of the Spirit is to remember it is made up of 9 characteristics. These characteristics can be broken down into three sets of three (3+3+3). Each of these three sets increases in syllables. The attributes in the first set have one syllable: love, joy, peace. The ones in the second set have two syllables: pa-tience, kind-ness, good-ness. And the ones in the third set have three syllables: faith-ful-ness, gen-tle-ness, and self-con-trol. Use this tip to help memorize the fruit of the Spirit for yourself and share with your children!

PARENT TIPS on GOODNESS:

#1 - As referenced in the video, watch the Conscious Discipline webinar on “Getting Started with Wishing Well”

<https://consciousdiscipline.com/e-learning/webinars/getting-started-with-wishing-well/>

#2 – To meditate further on goodness, listen to the song “Good, Good Father” and read the written lyrics too.

LEARNING SCRIPTURE:

Let us learn this scripture together.

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This is the word of God for the people of God. **Thanks be to God.**

ECHO PRAYER:

Dear God, **Dear God**

You are so very good! Thank you that you have shared that goodness with us too!

Help us shine our lights this week as we shared your goodness with those around us.

We love you. **We love you. Amen.**

CLOSING SONG:

Supplies: [Click here](#) for closing song, “We Will Worship” (Ashley Hymel & Thanushka Lewkebandara) *Play the closing song.*



SERVICE OPPORTUNITIES – to continue our worship all week! (See below)

Let's share some LOVE, JOY, PEACE, PATIENCE, KINDNESS, and GOODNESS with others:

1. Drive-Thru Food Drive for CCSC | Saturday 9 a.m. – 12 p.m.

Help Christian Community Service Center (CCSC) keep full shelves! You can pull up to the Main Entrance porte-cochere on the south side of the St. Luke's campus (3471 Westheimer Rd.) No need to get out of your car! Volunteers will collect all donations out of your car for you. Requested Food Donation Items: Pasta, Hearty Soups, Boxed dry cereal, Canned vegetables, Canned tuna, Canned chicken, Canned fruit, Cleaning wipes, Toilet paper, Baby Wipes, Bar soap and Diapers (4, 5 & 6).

2. Decorate Kids' Meals Lunch Bags

Help bring joy to preschool aged children by decorating brown lunch bags with fun pictures. Bags can be dropped off at St. Luke's during food drive on Saturdays or anytime during the week.