

Children's Ministries Lesson – 1st & 2nd Grade

June 28, 2020

Fruit of the Spirit – Faithfulness

Psalm 86:15, Matthew 19:19 and Hebrews 10:23-25

Children's Ministries purpose is to build a spiritual foundation in each child that lasts a lifetime.

We hope this lesson provides additional opportunities for your family to strengthen your relationship with each other and with Jesus. This lesson has components of both Children's Church and Sunday School fused together.

As you prepare for this lesson and the space you will use, consider gathering supplies, create a worship focal point (ideas: a Bible, a cross, a candle and an offering container), and remove other distractions from the area. Read through this lesson before beginning. *Wording in BLUE italics is information for the family leader(s).* **BLACK italics** are actions to do.

With love, from your Children's Ministries Team and Worship Leaders, Ashley Hymel and Thanushka Lewkebandara.

BIBLE POINT: Through our **faith** in Jesus, others may know that they can always count on us!

SUPPLIES: Worship focal point ideas: a Bible, a cross, a candle and an offering container; praise & worship music links; Bible story video link; activity supplies (see activity options below); service opportunity (listed at the bottom of the lesson)

FAMILY CHANT: *During Sunday School, your children begin with a "class chant". To bring that to your home, create a family chant that you can say each time. Create your own or use this one. The chant helps connect mind with body and connects everyone together. Motions/actions are in parentheses.*

Let's create our own family "chant" as a way to begin our time together. Repeat what I say and do.

Together we make the [insert family name] family. *(put arms around each other's shoulders - form a huddle)*

Together we make the [insert family name] family. *(put arms around each other's shoulders - form a huddle)*

I love our [insert family name] family! *(whoop whoop)* I love our [insert family name] family! ***(whoop whoop)***

We are the dream team you see. *(clap clap)* **We are the dream team you see. *(clap clap)***
(continued on next page)

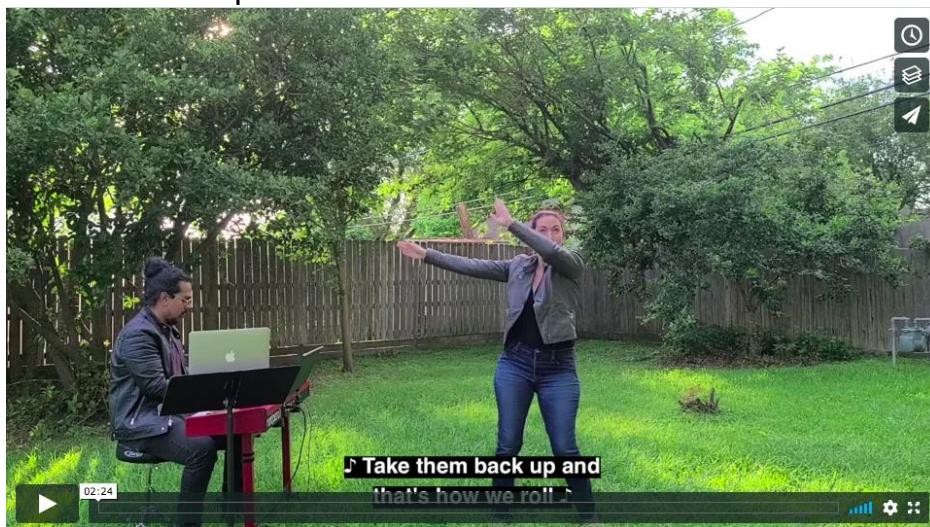
We are safe and helpful too. (*stomp stomp*) **We are safe and helpful too. (*stomp stomp*)**
Using kind words is what we do. (*high five each other*) **Using kind words is what we do. (*high five each other*)**
I love our [*insert family name*] family! (*whoop whoop*) **I love our [*insert family name*] family! (*whoop whoop*)**
We are the dream team you see. (*clap clap*) **We are the dream team you see. (*clap clap*)**

OPENING PRAISE SONGS

[Click here](#) for the full playlist of St. Luke's Children's Praise Music, including more Fruit of the Spirit songs!

Supplies: Select the links for Praise and Worship Music (use one or both links)

1. ["Deep Down Boogie"](#) (Ashley Hymel and Thanushka Lewkebandara, Contemporary & Children's Church Worship Leaders)



2. ["Thank You, Lord"](#) (performed by Ashley Hymel & Thanushka Lewkebandara)



OFFERTORY

Determine where your offering will go. You may select an organization of your choice, or save it until we return to Sunday School/Children's Church to give to our current mission. The below scripture is the scripture we use each Sunday during our Offertory time.

Let's say this scripture together. "God loves a cheerful giver." 2 Corinthians 9:7.

Now, let us pray for those who will receive our offering and The Lord's Prayer. Does someone want to lead us in prayer?

Or, you may use this optional prayer:

Dear God, We thank you for our many blessings. May the offering we share today bring your hope to those who will receive it. And now, let us pray the prayer Jesus taught us:

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name.

Thy kingdom come, thy will be done on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, forever. Amen.

LEARNING SCRIPTURE:

Let us learn this scripture together.

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control." *Galatians 5:22-23a*

This is the word of God for the people of God. **Thanks be to God.**

VIDEO INTRODUCTION TO THE SERIES – Fruit of the Spirit

[Click here](#) to watch this introduction video if you have not previously viewed it.



INTRODUCTION TO BIBLE STORY

We have been learning about the term, “fruit of the Spirit”. When the Bible uses the word, “Spirit”, God means the Holy Spirit. The fruit of the Spirit is a gift God gives us to help us live lives that honor him and show his love to others.

Let’s begin to understand the fruit of the Spirit more with a prayer.

Heavenly Father, thank you for giving us the fruit of the Spirit. We ask you to help us live each quality of the fruit of the Spirit.

Help us to show **love and joy**.

Help us to have **peace**.

Fill us with your **patience** and **kindness**.

Show us your **goodness**.

Help us demonstrate **faithfulness** and **gentleness** and, finally, help us have **self-control**.

Help us to use the fruit of the Spirit to show others what your love looks like. In Jesus’ name, we pray. Amen.

Thank you, God, for giving us your faithfulness.

Last week we talked about goodness. Let’s talk today about how we can also have God’s **faithfulness**.

So far, we have learned more about the qualities of love, joy, peace, patience, kindness and goodness. Today, we will focus on **faithfulness**.

What does **faithfulness** mean to you?

People who are faithful are dependable and trustworthy. They keep their promises and will be there for you.

Has someone ever broken a promise made to you?

Have you ever felt let down by someone?

How did you feel?

God calls us to be people of our word. To be faithful to God and to be faithful to others. He wants us to lean on others we can trust and depend on and others to feel they can lean on us.

BIBLE STORY

Supplies: Bible

Our Bible lesson for today is from the books of Psalm 86:15, Matthew 19:19 and Hebrews 10:23-25.

The scripture is read from the NRSV, if you want to follow along in your Bible.

Watch the Bible story video.

[Click here](#) for the Bible story video



DISCUSSION QUESTIONS:

1. What does it mean to be faithful? (faithful people do not give up on others, they stand up for others, they are an encourager, they are people who forgive and are second chance givers)
2. How can you be faithful to your family and friends? (by really listening to them, by encouraging them and by forgiving and giving another chance to them)
3. How has God been faithful to us? (he stands by us and will not ever give up on us, he always listens to us, he forgives us)
4. How can you be faithful to God? (you can give your time to Him; you can do things that would please Him)
5. What does the Golden Rule (Matthew 19:19) have to do with being faithful? (we would want our friends and family members and others to be faithful to us, in turn we should be faithful to others)
6. After reading Hebrews 10:23-25 what should we try and do because of God's faith in us? (listen to others the way God listens to us, spend time with others doing His work, encourage others; especially when you see them doing things that please God, forgive others when they fail or make wrong choices, give others a second chance to do the right things)

ACTIVITY #1: Fruit of the Spirit Multi-Week Family Activity

Supplies (for total project): See below under each idea.

You will make part of this project each week of the Fruit of the Spirit series. Today you will add to your banner/poster from last week or make the overall banner/poster if needed.

Images of various options:



1. **Poster** – Ready to print as is – use the link to print. Post in a central location for your family. Simplest way to do this activity.

Supplies: <https://biblegamescentral.com/wp-content/uploads/2019/02/Fruit-of-the-Spirit-Cards.pdf>.

Thank you, www.BibleGamesCentral.com.



2. **Vertical Banner** –

Supplies: poster board or large piece of paper, poster cards (link above), markers, glue stick and/or painter’s tape. Great for a fridge or narrow space.

Write Title; draw boxes (we used the cards from the poster and just made them a bit larger; cut cards; and tape or glue each one in a box, one per week.

3. **Horizontal Banner** - Using Poster Cards (above link)



Supplies: ribbon, clothes pins or tape, poster cards, heavy paper cut in banner style or be as creative as you want.

To make the background banner cards, cut paper larger than the poster cards (see link above); lay them on a piece of ribbon; leave about 6 inches on each end to for hanging; write “Fruit of the Spirit” on the three center banner cards; attach blank banner cards to the ribbon with clothes pins or tape; cut out poster cards; tape or glue one on each banner card each week. Hang on a wall with painter’s tape or bulletin board, etc.



4. **Horizontal Banner** – Create your own

Supplies: Whatever you choose! For this one, we used ribbon, cardstock, markers, clothes pins, and painter’s tape to attach to the wall.





We would love to see your creation! Send to rfisher@stlukesmethodist.org.

Overall Directions:

1. As a family, decide how large you want your family banner to be and where the banner will be displayed in your home.
2. Select your design.
3. The fruit of the Spirit for this week is **faithfulness**.
4. As a family, decorate one sheet of paper to represent faithfulness. Be as creative as possible!
5. Attach faithfulness to the banner and hang in your house. A new picture and new fruit of the Spirit will be added each Sunday throughout the series.

ACTIVITY #2: Seated with Faithfulness (art activity)

Psalm 86:15 says that God loves us so much and he will always be faithful to us. He believes in us and will continue to do so no matter what. Even when we make big mistakes, God is still there for us. We are not perfect, we sin all the time, but God wants us to try and follow his example and be faithful to others. A wonderful way to be faithful to others is to follow Matthew 19:19, which is sometimes called “the golden rule”. We can love and honor others by listening to them when they have need us to, encouraging them when they are down and forgiving them when they make mistakes.

As you and your child do the following activity, help them think about the important people in their life. These could be friends, family, teachers, and coaches, etc. Listen to them talk about how these people have been faithful to them, or vice versa. Feel free to make your own drawing and talk about those around your table the same way.

Supplies:

A piece of paper, crayons, markers, pens, or pencils (whatever art supplies you or your child feels would work best is fine)

1. Give out the paper and the art supplies.
2. Tell them they need to draw a picture of a big table. They can draw their favorite people around the table and their favorite food to share or their favorite game to play on the table.

3. As they are drawing, ask the questions below to get them thinking about the different ways the people around the table have been faithful to them or others, or vice versa. (If you are making your own table, you could share some of your thinking with them. This could help start conversations about their own table and important people.)

Questions for decorating the box:

1. Have any of these people forgiven someone and given them another chance? Have you had to forgive one of these people and give them another chance?
2. Have these people had to stick by you during a hard time? What did they do? Have you had to stick by any of these people during a hard time? What did you do?
3. Have you ever had to encourage one of these people because they were down? What did you do? Have any of these people had to encourage you when you were down? What did they do?

ACTIVITY #3: Filled with Encouragement (game)

Hebrews 10:23-25 reminds us that God is faithful to us and that we should encourage others to do the things that God wants us to do.

This activity is targeted to get your children thinking about the sorts of things God might want them to do to encourage others. As you discuss and prep this activity you will see these put into two categories, encouraging words, or encouraging actions.

Supplies:

Strips of paper big enough to write on, pens or pencils, a container like a bowl, cup, or basket (you will see below, the size of the container will influence the difficulty of the game), something to keep score on.

1. Have the children rip the paper up into strips to write on. There should be enough strips of paper so that each person playing the game has 5 each. Feel free to make more, but each person that is playing should be able to have an equal number of strips.
2. The children should write an encouraging action or word that they think God would want them to do on each strip of paper. This can be brainstormed as a group and talked about.
3. Set your container on the table or floor, depending on where you are working. The distance between the container and the children should be far enough to make the game a challenge.
4. Have the children take turns throwing their paper into the container (you can tell them to ball them up, or you can let them figure this out). They can only throw each one once.

CLOSING:

LEARNING SCRIPTURE:

Let's say our scripture again!

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control." *Galatians 5:22-23a*

This is the word of God for the people of God. **Thanks be to God.**

Today, we learned about faithfulness. We, too, can trust God because he is always faithful and takes care of us. We can also be trustworthy and show faithfulness to those around us by keeping our promises, working hard to complete a task, and making sure our words and actions are faithful to Jesus and his ways. Let's thank God with our closing prayer.

CLOSING PRAYER:

Dear God, we love you and thank you for the fruit of the Spirit you give us in faithfulness. May we grow in our faith and experience what you mean to be trusted and to trust you always. Thank you for loving us first to show us what true love, joy, peace, patience, kindness, goodness and faithfulness look like. We thank you for the gift of Jesus and for helping us learn how to share your faithfulness with our actions. We praise you and love you because you are our God. In Jesus' name, we pray. Amen.

CLOSING SONG:

Supplies: [Click here](#) for closing song, "We Will Worship" (Ashley Hymel & Thanushka Lewkebandara) *Play the closing song.*



SERVICE OPPORTUNITY – to continue our worship all week!

Let's share some LOVE, JOY, PEACE, PATIENCE, KINDNESS, GOODNESS and FAITHFULNESS with others: Celebrate an Essential Worker - They continue to work really hard for us! Make a sign, give a big shout out, or say thank you to a delivery person, a grocery store employee, your mail carrier, your teachers, a healthcare professional, etc! Think outside the box! I learned of a neighborhood that each home celebrated their mail carrier's birthday! How cool is that?!