

Children's Ministries Lesson – **Toddlers-Kindergarten**

Fruit of the Spirit: Summary

Galatians 5:22-23

July 19, 2020

Children's Ministries purpose is to **build a spiritual foundation in each child that lasts a lifetime.**

We hope this lesson provides additional opportunities for your family to strengthen your relationship with each other and with Jesus. This lesson has components of both Children's Church and Sunday School fused together.

As you prepare for this lesson and the space you will use, please gather supplies, create a worship focal point (ideas: A Bible, a cross, a candle and an offering container), and remove other distractions from the area. Read through this lesson before beginning. **Wording in BLUE italics is information for the family leader(s). BLACK italics are actions to do.**

With love, from your Children's Ministries Team and Worship Leaders, Ashley Hymel, Thanushka Lewkebandara and Tina Throckmorton.

BIBLE STORY POINT: When we follow Jesus, the Holy Spirit works to make us more like Jesus. Then, our lives show the fruit of the Spirit.

SUPPLIES: Worship focal points: Bible, cross, candle (lit or unlit), and offering container; link to worship songs; link to Bible story video; fruit of the Spirit banner supplies (see below)

FAMILY CHANT: *During Sunday School, your children begin with a "class chant". To bring that to your home, create a family chant that you can say each time. Create your own or use this one. The chant helps connect mind with body and connects everyone together. Motions/actions are in parentheses.*

Let's create our own family "chant" as we begin our time together. Repeat what I say and do.

I reach up (*reach both hands up to the sky*) **I reach up (*reach both hands up to the sky*)**

I reach down (*reach both hands down to their toes*) **I reach down (*reach both hands down to their toes*)**

I share a smile to everyone (*smile at each other*) **I share a smile to everyone (*smile at each other*)**

I see you (*point to each other*) **I see you (*point to each other*)**

You see me (*point to self*) **You see me (*point to self*)**

Together we make the [*insert family name*] family. (*put arms around each other's shoulders - form a huddle*)

Together we make the [*insert family name*] family. (*Put arms around each other's shoulders - form a huddle*)

OPENING PRAISE SONGS:

[Click the song titles below to access the video.](#)

[“Super Wonderful” and “Fruit of the Spirit”](#) (Courtney Patty, Sunday School Music Teacher)



OFFERTORY:

Determine where your offering will go. You may select an organization of your choice, or save it until we return to Sunday School/Children’s Church to give to our current mission, or add it to your 75th anniversary piggy bank. The scripture below is the scripture we use each Sunday during our Offertory time.

Let us say this scripture together. “God loves a cheerful giver.” 2 Corinthians 9:7.

PRAYER:

Lead this cheer: Two, four, six, eight. We think (family member’s name) ’s really great. Thank you, God for (same person’s name) . End with the family cheering: Yea, God!

LEARNING SCRIPTURE:

Let us learn this scripture together.

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.” *Galatians 5:22-23a*

This is the word of God for the people of God. **Thanks be to God.**

BIBLE STORY

Today, we are going to finish learning about the fruit of the Spirit. Let’s watch the Bible story together.

[Click here for the Bible story video link.](#)



Discussion: *(ask some or all of these questions)*

1. What 2 yummy fruits did we see in the video today? *Clementine & pineapple*
2. How does a pineapple teach us about God? *Wear our crown every day; you are a child of King Jesus!*
3. Do we want to be spikey and sharp like a pineapple's outer skin? Or do we want to be sweet like the inside fruit of the pineapple? *Sweet*
4. How does the Holy Spirit help us to be sweet? *When we follow Jesus, the Holy Spirit works to make us more like Jesus.*
5. When we have the Holy Spirit in our hearts, what grows in us? *Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.*
6. How can you show the fruit of the Spirit in your life? *Many answers work.*

ACTIVITY OPTION #1: Dance Party or Freeze Dance

Supplies: [Select this link for the "Fruit of the Spirit Song" by Go Fish.](#)

Fruit of the Spirit by GoFish!

<http://www.gofishguys.com/>

Music by Jamison J. Statema & Darren Rust

Lyrics by Jamison J. Statema

While you listen to this song, you can play "freeze" dance or simply have a dance party! The lyrics and tune are so catchy that your family will have the fruit of the Spirit memorized in no time!

ACTIVITY OPTION #2: Make Your Own Matching Game

Supplies: Print 2 sets of these fruit of the Spirit images:

<https://biblegamescentral.com/wp-content/uploads/2019/02/Fruit-of-the-Spirit-Cards.pdf>

If you do not have a printer, feel free to write and draw each fruit of the Spirit on a separate notecard; make 2 sets.

Directions:

1. Cut the fruit of the Spirit images apart.
2. Mix all 18 cards up and place them facedown.
3. Play matching game. Whomever finds the most matches wins!

Save cards and play through the week to help memorize the fruit of the Spirit.



ACTIVITY OPTION #3 – Display Your Finished Fruit of the Spirit Banner (or Poster)

*Congratulations on completing your Fruit of the Spirit banner/poster! We hope you have enjoyed learning about **the fruit of the Spirit** and have enjoyed “catching” each other living out these nine attributes - love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.*

Poster



Vertical Banner



Horizontal Banner



Which style did your family make? We would love to see your creation! Send to rfisher@stlukemethodist.org.

PARENT TIP

Memorize each of the 9 fruit of the Spirit, and it can be a great way to encourage your child in their behavior and choices.

- 1) The fruit of the Spirit is made up of 9 attributes.
- 2) These attributes can be broken down into 3 sets of 3.
- 3) Each of these 3 sets increases in syllables.
 - a. Set 1: 1 syllable - love, joy, peace
 - b. Set 2: 2 syllables - pa-tience, kind-ness, good-ness
 - c. Set 3: 3 syllables - faith-ful-ness, gen-tle-ness, self-con-trol

CLOSING PRAYER:

Now, let us say this prayer as an “echo” prayer. I will say some words, and you repeat them with me.

Dear God, **Dear God**

Thank you for Jesus and your Holy Spirit. **Thank you for Jesus and your Holy Spirit.**

As we follow Jesus, **As we follow Jesus**

May the Holy Spirit **May the Holy Spirit**

Work in us **Work in us**

To make us more like Jesus **To make us more like Jesus**

So we can live out the fruit of the Spirit **So we can live out the fruit of the Spirit.**

In Jesus' name we pray, **In Jesus' name we pray.**

Amen, **Amen.**

CLOSING SONG:

Supplies: [Click here for closing song.](#)

“We Will Worship” (by Ashley Hymel & Thanushka Lewkebandara)



SERVICE OPPORTUNITY – Cards for Frontline Workers

From the doctors to the housekeepers, it's an intense environment to be in right now for healthcare workers. Families have the opportunity to thank these selfless professionals for their hard work and sacrifice by drawing a picture or writing a note.

In taking extreme sanitary measures, we will deliver these notes electronically. Please take a picture (.jpg or .png) or scan (.pdf) your card and email it to HealthcareCard@stlukesmethodist.org.

Thank you for brightening a hero's day!